

CONNECT PARENT

Connect Parent is an attachment-based program that focuses on strengthening parent-teen relationships and building a foundation for collaborative problem-solving. As an alternative to behaviour modification strategies, this group focuses on supporting parents in understanding the attachment needs that create the behaviour their child is demonstrating.

PROGRAM INFORMATION

This is a free, 9-week program, with sessions occurring one evening a week for 90 minutes. Dinner is provided.

For parents with children between the ages of 8 and 18-years of age.

Waitlist is ongoing.

CONTACT

Family Support Programs

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